

Dear Parents and Carers

Yesterday I was not in school as I was at an online Headteachers' Conference run by Norwich Diocese. The theme of the conference was Hope, focussing on the psalm—

I lift my eyes up to the mountains, where does my help come from?

It was an inspirational day, with the speakers talking about moving forwards from the past challenges and looking forward to a brighter future.

The Bishop of Norwich—Bishop Graham—spoke about giving yourself space in your life for spiritual care for yourself.

He also spoke about how we need to consider others, remembering that it's not what we say that people remember but how we made people feel.

This is a message that we speak about to the children here, to develop them as compassionate, and caring individuals with their own opinions and ideas but also with empathy and respect for others with differing views.

Let's all remember to look after ourselves too as without flourishing adults you can't have flourishing children.

Simone Goddard, Headteacher

Polite Reminder

Please may we remind parents that medical and dental appointments should be made outside of school hours where possible. We understand that occasionally emergency appointments are unavoidable, however, we are experiencing lots of parents making arrangements during the school day. Please may we also emphasise that the office should have a copy of the appointment letter or an email with a screenshot of the appointment time. Thank you for your understanding.

Shine as Lights in the World—Hummingbirds Class

Hummingbirds Class will be participating in a sponsored cycle and run to raise money on Friday 7th May for the Rainforest Trust. Shining as lights in the world they will alternate running around the field and cycling laps of the playground. This follows the work that they did during lockdown on the Amazon rainforest. Further details regarding the arrangements for this will follow shortly for Hummingbirds parents. We wish them luck and look forward to finding out how they get on. Let's hope for a sunny day!



Thank You



We would like to say a big thank you to Morrisons for the lovely sunflower pack that we recently received. Ducks Class will make good use of the pack as they are learning all about plants this term.

We are sorry to have to inform you that Miss Evans will be leaving us at the end of the Summer Term. She is taking a break from teaching for a while but we are sure she will return to it as she is a nurturing and inspiring teacher.

Miss Evans has been brilliant, starting her career through three lockdowns due to Covid and continuing to care about and to consider her class while they were learning virtually.

Miss Evans is a highly valued and respected member of our team and she will be sorely missed.

Lunch Bookings

Please may we remind you that the deadline for booking lunches is **8am on Monday morning** for the week ahead. If you need to amend a booking for any reason please contact the office. Unfortunately we have recently experienced amendments to lunch bookings being made after the deadline which has created problems for the kitchen.

For information and guidance on how to keep your child safe online please visit the school website www.pulhamprimaryschool.org.uk and navigate to the Key Information tab. From here select Forms & Documents under which you will find the e-safety guidance document which will be available to download. There is also a link on the home page. Alternatively you can call into the office and ask for a paper copy.